the right sunglasses for your face shape

Oversized, cat-eye, aviators, or round?

Sunglasses come in all sorts of styles. So do faces. Cystine crystals in the cornea can make bright light painful. Sunglasses may help. So, you might as well look good wearing them, right?!



heart-shaped face

Look for frames that are wider at the top; avoid bottom-heavy frames

Best choice: cat-eye



Easy to pull off round or square frames, bold colors too; avoid going too big or too small

Best choice: retro square



rectangular face

Go big with rounded edges; avoid small and narrow frames

Best choice: large aviators



round face Go for sharp-angled frames; avoid small and round frames

Best choice: aviators



Square face Round frames complement your features; avoid sharp angles

Best choice: round

Upgrade your shades!

Make your sunglasses fun and get creative with a little hot glue and some beads, flowers, or fabric. You can even use sharpies or markers to create your one-of-a-kind pair!





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